

Curriculum Plan	Subject	Physical Education - Psychological factors that can influence an individual in physical activities	Year	13
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		W/C 10 th January	W/C 17 th January	W/C 24 th January
How you will access home learning		The PowerPoint and lesson materials will be available in our Y13 group on Microsoft Teams. You will need access to your PE textbook via Hodder.		
How you be able to interact with your teacher and gain feedback on your work		You will be able to join all lessons via Microsoft Teams. This may be accessing files from Teams with voice over or at times live. This will enable you to listen to teacher delivery, to ask questions, and to complete the same tasks live, as those who are working in the lesson. You can join in with questioning in the lesson using the chat function to check your understanding. Work will be submitted via the online submission function on SHMW or e mailed as requested. You will receive feedback through the teacher comment box on SHMW or via e mail.		
Retrieval How we will help you to recall previously learnt knowledge			Quick knowledge or multiple-choice questions on the cardiovascular system	Short answer questions on the respiratory system
New Learning	What you will be learning about this week	Understand Atkinson's Model of achievement motivation.	Understand Atkinson's Model of achievement motivation.	Understand the effect an audience has on our performance.
	How we will teach you the new knowledge or ideas	Teacher led explanation of -the characteristic components of achievement motivation for Need to achieve (Nach) and Need to avoid failure (Naf) personalities.	Teacher led explanation of new knowledge which will be covered in the PowerPoint. We will look at the -Impact of situational component of achievement motivation to include Incentive value and probability of success and the Impact of outcome orientated goals and task orientated goals. -Strategies to develop approach behaviours leading to improvements in performance	Teacher led explanation of -Social facilitation and inhibition.(Zajonc's model), -Evaluation apprehension -Strategies to eliminate the adverse effects of social facilitation and social inhibition.
	Activities that will help you learn and practice what you've been taught	Explanations and class discussions Short answer tests/quizzes Filling gaps and summary tasks Application of knowledge to scenarios.	Independent research tasks Completing case study examples Short video's on current work being done Low stakes quizzes and tasks	Creating information maps Short answer quizzes and activities PPQ's Production of own examples related to content.
	What you can do if you are stuck	You can ask any questions during any live lesson through using the chat function on Microsoft Teams. Teams lessons will be recorded so you can refer to teacher explanations and listen to them again. Use your online Hodder textbook to refer to any previous content. If you have questions in relation to any of the longer style exam questions, you can use the frameworks provided, and modelled explanations, to help you answer the questions. You can e-mail me to ask any questions jnicholls@notredame-high.co.uk		

		W/C 31 th January	W/C 7 th February
How you will access home learning		The PowerPoint and lesson materials will be available in our Y13 group on Microsoft Teams. You will need access to your PE textbook via Hodder.	
How you be able to interact with your teacher and gain feedback on your work		You will be able to join all lessons via Microsoft Teams. This may be accessing files from Teams with voice over or at times live. This will enable you to listen to teacher delivery, to ask questions, and to complete the same tasks live, as those who are working in the lesson. You can join in with questioning in the lesson using the chat function to check your understanding. Work will be submitted via the online submission function on SHMW or e mailed as requested. You will receive feedback through the teacher comment box on SHMW or via e mail.	
Retrieval How we will help you to recall previously learnt knowledge		True/False questions on the exercise-related function of food classes.	<p>MOCK EXAMS FRIDAY 4TH FEBRUARY TO END OF HALF TERM</p> <p>PE MOCK EXAM ON FRIDAY 11TH FEBRUARY</p>
New Learning	What you will be learning about this week	Understanding how group dynamics can affect a performance.	
	How we will teach you the new knowledge or ideas	Teacher led delivery of new knowledge and student application to an activity of their own choice. To include -Group formation. Tuckman's model.	
	Activities that will help you learn and practice what you've been taught	Explanations and class discussions Short answer tests/quizzes Filling gaps and summary tasks Application of knowledge to scenarios.	
	What you can do if you are stuck	You can ask any questions during any live lesson through using the chat function on Microsoft Teams. Teams lessons will be recorded so you can refer to teacher explanations and listen to them again. Use your online Hodder textbook to refer to any previous content. If you have questions in relation to any of the longer style exam questions, you can use the frameworks provided, and modelled explanations, to help you answer the questions. You can e-mail me to ask any questions jnicholls@notredame-high.co.uk	