

## Assessment Schedule

**Subject: A level PE**

**Class: 13D PE**

Week	Assessment Number	Day/lesson period	Length of assessment	Details of the assessment /revision details NOTE: Use of Data can be assessed throughout all topic areas
w/c 19 <sup>th</sup> April (Thu/Fri only)	1	Friday 23 <sup>rd</sup> April P4/5	1 hour	<p><u>Applied anatomy and physiology</u></p> <p>3.1.1.2 Cardiovascular system JN 3.1.1.3 Respiratory system JN 3.1.1.4 Neuromuscular system JOS 3.1.1.5 The musculo-skeletal system and analysis of movement in physical activities JN 3.1.1.6 Energy systems JOS</p>
w/c 26 <sup>th</sup> April	2	Tuesday 27 <sup>th</sup> April P1/2	1 hour	<p><u>Skill acquisition</u></p> <p>3.1.2.1 Skill, skill continuums and transfer of skills JN 3.1.2.2 Impact of skill classification on structure of practice for learning JN 3.1.2.3 Principles and theories of learning and performance JN 3.1.2.4 Use of guidance and feedback JN 3.1.2.5 Memory models JN</p>
w/c 3 <sup>rd</sup> May	3	Tuesday 4 <sup>th</sup> May P1/2	1 hour	<p><u>Exercise physiology</u></p> <p>3.2.1.2 Preparation and training methods in relation to maintaining physical activity and performance JN 3.2.1.3 Injury prevention and the rehabilitation of injury LG</p>
w/c 10 <sup>th</sup> May	4	Tuesday 11 <sup>th</sup> May P1/2	1 hour	<p><u>Biomechanical movement</u></p> <p>3.2.2.1- Biomechanical Principles JOS 3.2.2.2- Levers JOS 3.2.2.3- Linear Motion JOS 3.2.2.4- Angular Motion JOS 3.2.2.5- Projectile Motion JOS 3.2.2.6- Fluid Mechanics JOS</p>
w/c 17 <sup>th</sup> May	5	Tuesday 18 <sup>th</sup> May P1/2	1 hour	<p><u>Sport psychology</u></p> <p>3.2.3.1 Psychological factors that can influence an individual in physical activities (Aspects of personality, Attitudes, Arousal, Anxiety, Aggression, Motivation, Achievement motivation theory, Social facilitation, , Group dynamics, Importance of goal setting) JN</p>
w/c 24 <sup>th</sup> May (Mon/Tue/Wed only)	6	Tuesday 25 <sup>th</sup> May P1/2	1 hour	<p><u>Sport and society and technology in sport</u></p> <p>3.2.4.1 Concepts of physical activity and sport LG 3.2.4.3 Ethics in sport LG 3.2.4.4 Violence in sport LG 3.2.4.5 Drugs in sport LG 3.2.4.6 Sport and the law LG 3.2.4.7 Impact of commercialisation on physical activity and sport and the relationship between sport and the media LG 3.2.4.8 The role of technology in physical activity and sport LG</p>

