



**Assessment Schedule**

**Subject: GCSE PE**

**Class:Year 11MS2-PE (RK) Period 1/**

**10MS1-PE (CKA) Period 4/5**

Week	Assessment Number	Day and lesson period	Length of assessment	Details of the assessment (NOTE: Use of Data can be assessed throughout all topic areas)
w/c 19 <sup>th</sup> April (Thu/Fri only)	1	Friday 23 <sup>rd</sup> April Period 1/2 Period 4/5	40mins	<b>Applied Anatomy and Physiology (Paper 1)</b> Musculoskeletal System, Cardio-respiratory System, Anaerobic and Aerobic exercise,
w/c 26 <sup>th</sup> April	2	Friday 30 <sup>th</sup> April Period 1/2 Period 4/5	40mins	<b>Movement Analysis (Paper 1)</b> Lever systems, Planes and Axes
w/c 3 <sup>rd</sup> May	3	Friday 7 <sup>th</sup> May Period 1/2 Period 4/5	40mins	<b>Physical Training (Paper 1)</b> Roles of Health and Fitness, Components of Fitness, Principles of Training and Training Methods, How to optimise training and Prevent Injury.
w/c 10 <sup>th</sup> May	4	Friday 14 <sup>th</sup> May Period 1/2 Period 4/5	40mins	<b>Sports Psychology (Paper 2)</b> Classification of Skills, Goal Setting, Information Processing, Guidance and Feedback, Mental Preparation for Performance
w/c 17 <sup>th</sup> May	5	Friday 21 <sup>st</sup> May Period 1/2 Period 4/5	40mins	<b>Socio-Cultural Influences (Paper 2)</b> Engagement Patterns, Commercialisation, Ethical and Socio-Cultural Influences,
w/c 24 <sup>th</sup> May (Mon/Tue/Wed only)				